

CURRICULUM VITAE

JESSICA M. PERKINS

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POSITIONS

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|--------------|---|------------|
| 2016-present | Department of Psychiatry, Harvard Medical School
Division of Global Psychiatry, Massachusetts General Hospital
MGH Center for Global Health
Research Fellow | Boston, MA |
| 2015-2016 | Harvard T.H. Chan School of Public Health
Harvard Center for Population and Development Studies
Research Fellow | Boston, MA |

EDUCATION

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|------|---|---------------|
| 2015 | Ph.D. in Health Policy (Medical Sociology track)
Harvard University | Cambridge, MA |
| 2008 | S.M. in Population and International Health
Harvard School of Public Health | Boston, MA |
| 2005 | B.S. in Psychology with honors
Davidson College | Davidson, NC |

RESEARCH AND TEACHING INTERESTS

Community health; global health; social determinants of health; health disparities; health behaviors; mental health; substance use; nutrition; medical sociology; social norms; social networks; social capital; health promotion; health policy; field methods

PROFESSIONAL MEMBERSHIPS

American Sociological Association
Population Association of America
America Public Health Association
Society of Behavioral Medicine
International Network of Social Network Analysis

SERVICE TO PROFESSION

Ad-hoc Reviewer

Ageing & Society
AIDS and Behavior
American Journal of Public Health
Archives of Public Health
Basic and Applied Social Psychology
Body Image
Eating and Weight Disorders
Economics and Human Biology
Frontiers in Psychology
Health and Place
International Journal of Behavioral Nutrition and Physical Activity
International Journal of Obesity
Journal of Behavioral Medicine
Journal of Epidemiology & Community Health
Journal of Nutrition
Journal of Obesity and Overweight
Journal of Psychosomatic Research
Journal of Public Health Dentistry
Journal of the Academy of Nutrition and Dietetics
Personality and Individual Differences
PLoS ONE
Prevention Science
Social Problems
Social Science and Medicine
Substance Abuse Treatment, Prevention, and Policy
The Gerontologist
World Development
Youth and Society

TEACHING EXPERIENCE

Harvard University –Teaching Fellow

- 2013 – 2015 GHHP 99r: Global Health and Health Policy independent research study
2013 – 2014 Senior thesis in Sociology & Government: “Characteristics of Intervention Workers Nominated by Local Ugandan Village Leaders: Understanding Motivations for Delegating Power”
2013 HISTSOC143v: Biomedicine and Health Policy in America
2010 – 2011 SSCI-25: Case Studies in Global Health: Biosocial Perspectives
2008 / 2009 SOC190: Life and Death in the US: Medicine and Disease in the Social Context
2009 SC98r: Global Health Tutorial
2008 / 2009 ANTHRO1825: Case Studies in Global Health: Biosocial Perspectives

FELLOWSHIPS AND GRANTS

- 2014-2015 Harvard GSAS Dissertation Completion Fellowship
2013-2014 National Institute of Mental Health Doctoral Training Grant
2012-2013 Harvard Global Health Institute Doctoral Research Grant
2008-2010 National Institute of Mental Health Pre-doctoral Training Grant
2004 Abernethy research grant for independent student research

AWARDS

- 2016 Nomination for the Star Family Prize for Excellence in Advising
2014 Nomination for the Star Family Prize for Excellence in Advising
2008 Bok Center Certificate for Distinction in Teaching, Harvard University
2005 Sigma Xi Outstanding Undergraduate Research Award for Honors Thesis
2005 Phi Beta Kappa

RESEARCH PROGRAMS

- 2012-present HopeNet Study, Massachusetts General Hospital Center for Global Health
Longitudinal RCT on economic, health, and social network impact of microenterprise introduction and new access to water in rural Uganda

2008-present Youth Health and Safety Project, Hobart and William Smith Colleges
School-based social norms and social network studies on health and well-being among youth in the US and UK

2010-2012 Emikago Study, Harvard University and Massachusetts General Hospital
Cross-sectional sociocentric network study on social norms, health and development in rural Uganda

PUBLICATIONS

Articles in Referred Journals

1. **Perkins JM**, Multhaup KS, Perkins HW, Barton C. Self-efficacy and participation in physical and social activity among older adults in Spain and the United States. *Gerontologist* 2008;48:51-8.
2. **Perkins JM**, Khan KT, Subramanian SV. Patterns and distribution of HIV among adult men and women in India. *PLoS ONE* 2009;4:e5648. PMID: PMC2680483
3. Subramanian S, **Perkins JM**, Khan KT. Do burdens of underweight and overweight coexist among lower socioeconomic groups in India? *Am J Clin Nutr* 2009;90:369-76.
4. Subramanian SV, Huijts T, **Perkins JM**. Association between political ideology and health in Europe. *Eur J Public Health* 2009;19:455-7.
5. Subramanian SV, **Perkins JM**. Are republicans healthier than democrats? *Intl J Epidemiol* 2010;39:930-1.
6. Subramanian SV, Hamano T, **Perkins JM**, Koyabu A, Fujisawa Y. Political ideology and health in Japan: a disaggregated analysis. *J Epidemiol Community Health* 2010;64:838-40.
7. Huijts T, **Perkins JM**, Subramanian SV. Political regimes, political ideology, and self-rated health in Europe: a multilevel analysis. *PLoS ONE* 2010;5:e11711. PMID: PMC2908625
8. **Perkins JM**, Perkins HW, Craig DW. Peer weight norm misperception as a risk factor for being over and underweight among UK secondary school students. *Eur J Clin Nutr* 2010;64:965-71.
9. **Perkins JM**, Perkins HW, Craig DW. Misperceptions of peer norms as a risk factor for sugar-sweetened beverage consumption among secondary school students. *J Am Diet Assoc* 2010;110:1916-21.
10. **Perkins JM**, Khan KT, Smith GD, Subramanian SV. Patterns and trends of adult height in India in 2005-2006. *Econ Hum Biol* 2011;9:184-93.
11. Subramanian S, **Perkins JM**, Özaltın E, Davey Smith G. Weight of nations: a socioeconomic analysis of women in low- to middle-income countries. *Am J Clin Nutr* 2011;93:413-21.
12. Perkins HW, Craig DW, **Perkins JM**. Using social norms to reduce bullying: A research intervention among adolescents in five middle schools. *Group Processes & Intergroup Relations* 2011;14:703-22.
13. Perkins HW, **Perkins JM**, Craig DW. No safe haven: locations of harassment and bullying victimization in middle schools. *J Sch Health* 2014;84:810-8.

14. Krishna A, Oh J, Lee J-k, Lee, H-y, **Perkins, JM**, Heo, J, Ro, YS, Subramanian, SV. Short-term and long-term associations between household wealth and physical growth: a cross-comparative analysis of children from four low- and middle-income countries. *Glob Health Action* 2015;8. PMID: PMC4320209
15. **Perkins JM**, Perkins HW, Craig DW. Misperception of peer weight norms and its association with overweight and underweight status among adolescents. *Prev Sci* 2015;16:70-9.
16. **Perkins JM**, Subramanian SV, Christakis NA. Social networks and health: a systematic review of sociocentric network studies in low- and middle-income countries. *Soc Sci Med* 2015;125:60-78.
17. **Perkins JM**, Subramanian SV, Davey Smith G, Özaltın E. Adult height, nutrition, and population health. *Nutr Rev* 2016;74:149-65.
18. Tsai AC, Kakuhikire B, Mushavi R, Vořechovská, D. **Perkins JM**, McDonough, AQ, Bangsberg, DR. Population-based study of intra-household gender differences in water insecurity: reliability and validity of a survey instrument for use in rural Uganda. *J Water and Health* 2016;14:280-92. PMID: PMC4843843
19. Kakuhikire B, Suquillo D, Atuhumuza E, Mushavi R, **Perkins JM**, Venkataramani A, Weiser SD, Bangsberg DR, & Tsai AC. A livelihood intervention to improve economic and psychosocial wellbeing in rural Uganda: longitudinal pilot study. *SAHARA J* 2016;13:162-169.
20. Rajaram R, **Perkins JM**, William J, Subramanian SV. Individual and community levels of maternal autonomy and child undernutrition in India. *Int J Public Health* 2016;Jul 8:1-9.
21. **Perkins JM**, Lee H, James KS, Oh J, Krishna A, Ho J, Lee J, & Subramanian SV. Marital status, widowhood duration, gender, and health outcomes: a cross-sectional study among older adults in India. *BMC Publ Health* 2016;16:1-12. PMID: PMC5045657
22. **Perkins JM**, Lee H, Lee J, Ho J, Krishna, A, Choi S, Nam Y, Oh J, & Subramanian SV. Widowhood and alcohol, tobacco and other drug use among older adults in India. *J Gerontol B Psychol Sci Soc Sci* 2016; advance access online October 24.
23. **Perkins JM**, Nyakato V, Kakuhikire B, Mbabazi P, Perkins HW, Tsai AC, Subramanian SV, Christakis NA, & Bangsberg DR. Actual vs. perceived HIV testing norms, and personal HIV testing uptake: a cross-sectional, population-based study in rural Uganda. *AIDS and Behavior* 2017; advance access online February 23.

Book Chapters

1. **Perkins, JM** & Subramanian, SV. Social epidemiology of nutritional burden among children and adolescents in India. Pp. 163-182 in Moreno L, Pigeot I, Ahrens W. (eds). *Epidemiology of Obesity in Children and Adolescents: Prevalence and Etiology*. Springer: New York.

PRESENTATIONS AT PROFESSIONAL MEETINGS

1. **Perkins, J.M.**, Patterson, M., Jagusztyn, M., Weigand, B., Chin Feman, S., Multhaup, K. & Faust, M. "Aging, End Effects, Most of Life Effects, and Quality of Life Ratings." Poster presented at the *South Eastern Psychological Association Annual Conference*, 2005, Nashville, TN.
2. Faust, M., Multhaup, K., **Perkins, J.M.**, Patterson, M., Jagusztyn, M., Weigand, B., & Chin Feman, S. "Aging, End Effects, Most of Life Effects, and Quality of Life Ratings." Poster presented at the *Cognitive Aging Biennial Conference*, 2006, Atlanta, GA.
3. Tonidandel, S., LeBreton, J. & **Perkins, J.M.** "Applying Relative Importance to Multivariate Analysis of Variance." Oral presentation at the *Society for Industrial and Organizational Psychology annual meeting*, 2006, Dallas, TX.
4. Agnew-Blais, J., **Perkins, J.M.**, Khan, K., Carnevale, J., & Gropper, A. "Lack of HIV/AIDS Knowledge among School-Age Children and Caregivers in An Area Of High HIV/AIDS Prevalence: A Descriptive Analysis of a Peri-Urban Population Outside Lusaka, Zambia." Poster presentation at the *American Public Health Association Annual Conference*, 2008, San Diego, CA.
5. Agnew-Blais, J., **Perkins, J.M.**, Khan, K., Carnevale, J., & Gropper, A. "An Unexpected Double Burden: S. Haematobium Infection in the Peri-Urban Setting Outside Lusaka, Zambia." Poster presentation at the *American Public Health Association Annual Conference*, 2008, San Diego, CA. CA.
6. **Perkins, J.M.**, Perkins, H.W., & Craig, D.W. "Assessing Weight Norms, Misperceptions, and Body Mass Index: Comparing the Importance Of School Context and Composition Versus Individual Perception." Oral presentation at the *Annual National Social Norms Conference*, 2008, San Francisco, CA.
7. **Perkins, J.M.** & Takada, S. "Beyond Biostats?: Towards A Theoretical Toolbox for Global Health Education." Oral presentation at the *Society for Medical Anthropology Annual Conference*, 2009, New Haven, CT.
8. Perkins, H.W., Craig, D.W., & **Perkins, J.M.** "Misperceptions of Bullying Norms As A Risk Factor Associated With Violence Among Middle School Students." Oral presentation at the *American Public Health Association Annual Conference*, 2009, Philadelphia, PA.
9. Perkins, H.W., **Perkins, J.M.**, & Craig, D.W. "Where Does Bullying Take Place Among Adolescents When They Are at School." Oral presentation at the *American Public Health Association Annual Conference*, 2009, Philadelphia, PA.
10. **Perkins, J.M.**, Perkins, H.W., & Craig, D.W. "Misperceptions of Weight Norms As A Risk Factor For Overweight and Underweight Status Among Secondary School Students." Oral presentation at the *American Public Health Association Annual Conference*, 2009, Philadelphia, PA.

11. Perkins, H.W., **Perkins, J.M.**, & Craig, D.W. “Bullying Behaviour Norms, Perceived Bullying Norms, and Personal Victimization Among UK Youth as Predictors of Self Assessed Isolation At School.” Oral presentation at the *British Sociological Association Annual Conference*, 2012, Leeds, UK.
12. **Perkins, J.M.**, Perkins, H.W., & Craig, D.W. “Risks Associated With Distorted Perceptions of Body Weight Norms Among UK Youth.” Oral presentation at the *British Sociological Association Annual Conference*, 2012, Leeds, UK.
13. **Perkins, J.M.**, Perkins, H.W., & Craig, D.W. “Reporting of Weapon Carrying at School Among Us Youth: Personal Attitudes And Perceptions Of Peers' Attitudes.” *American Public Health Association Annual Conference*, 2013, Boston, MA.
14. **Perkins, J.M.**, Perkins, H.W., & Craig, D.W. “Accurate Perceptions of Peer Norms is Key to Predicting Adolescent Abstaining from Tobacco Use Across Diverse School Settings and Student Types.” Poster presentation at the *American Public Health Association Annual Conference*, 2015, Chicago, IL.
15. **Perkins, J.M.**, Perkins, H.W., & Craig, D.W. “Misperceptions of Peer Norms for Tobacco Use and Personal Use: Evidence from Students in Grades 6-12 Across 63 Schools in the United States.” Oral presentation at the *Society for Behavioral Medicine Annual Conference*, 2017, San Diego, CA.

INVITED TALKS AND PANEL DISCUSSIONS

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| 2016 | "Women in Global Health", Women's Leadership Conference, Yale University. |
| 2014 | "Social Networks, Norms, and Health in Southwestern Uganda", Yale Institute of Network Science, Yale University. |
| 2011 | “Gathering Sociocentric Network Data in Rural Uganda: A Collaborative Experience.” Radcliffe Institute for Advanced Studies, Cambridge, MA. |